



## Risk Assessment – West Bridgford Monarch Hockey Club

Club/Society Name	<b>West Bridgford Monarchs Hockey Club</b>	Number/ Ages of persons involved	<b>Up to 50; 11 + year olds</b>
Nature of Activity	<b>Hockey Training and Matches</b>	Frequency of Activity	<b>From 1 – 4 time per week</b>
		Location	<b>Rushcliffe Leisure Centre</b>

Assessed By	<b>Eileen Black; Ladies Secretary</b>	Date	<b>23<sup>rd</sup> January 2007</b>
Approved By		Date	

Activity	Potential Hazard	Existing Controls in Place	Risk Score Low/Medium/High Risk	Further Controls Required?	By Whom	By When
Car parking	Personal injury <ul style="list-style-type: none"> <li>• slip/ trip</li> <li>• Road traffic accident</li> </ul>	<ul style="list-style-type: none"> <li>• Car park maintained by Leisure centre</li> <li>• Pathways and parking area adequately lit in poor light</li> <li>• Appropriate road markings in place</li> </ul>	Low	No		
Access/ Egress from pitch area	Personal injury <ul style="list-style-type: none"> <li>• Slip/ trip</li> </ul> Personal safety  Delays to emergency response	<ul style="list-style-type: none"> <li>• Pathways maintained by Leisure Centre</li> <li>• Overhead lighting in poor light</li> <li>• Vehicle access within approximately 20 m of pitch</li> </ul>	Low	No		
Training/ playing	Personal injury <ul style="list-style-type: none"> <li>• Slip/ trip</li> <li>• Collision</li> <li>• Hit by hockey ball/ stick</li> <li>• Pulled muscle</li> </ul>	<ul style="list-style-type: none"> <li>• Pitch maintained by Leisure Centre and checked by coaches/ captains/ umpires prior to play</li> <li>• Flood lights used in poor lighting conditions (either automatically by leisure Centre or on request)</li> <li>• Play prevented if pitch too hard or wet</li> <li>• Players advised to wear appropriate protective equipment i.e. shin guards, gum shields, gloves when on pitch</li> <li>• Goal keepers fully kitted at all times</li> </ul>	Medium – personal injury can occur due to nature/ speed of game	No		

		<p>during play</p> <ul style="list-style-type: none"> <li>• Warm up session undertaken prior to play to minimise injury risk</li> <li>• Qualified coach in charge of each session</li> <li>• Coaching sessions segregated to minimise risk</li> <li>• First aid available at all coaching/ matches where possible</li> <li>• Fully equipped first aid kit available for all sessions</li> <li>• Mobile phone available for all sessions (back up telephone in Leisure Centre if necessary)</li> <li>• Qualified umpires for all games to ensure dangerous play is limited</li> <li>• Spectators advised by umpires/ coaches to stay back from pitch edge</li> </ul>				
Using equipment	Personal injury from goal posts/ other equipment	<ul style="list-style-type: none"> <li>• Goal posts to be maintained in good working work by Leisure Centre</li> <li>• Goal posts to be positioned by Leisure Centre where possible</li> <li>• If moved by club members – ensure at least 4 people used</li> </ul>	Medium – wheels on goals not in good working order	Write to Leisure Centre to highlight issue	Secretary	31/01/07
Responding to emergencies	Delays in treatment due to lack of knowledge/ equipment	<ul style="list-style-type: none"> <li>• All coaches and captains aware of emergency procedures</li> <li>• First aid kits available for all coaching/ matches</li> <li>• Mobile phone available on pitch for all sessions</li> </ul>	Low			