

# **West Bridgford Monarchs Hockey Club**

## **First Aid Procedure**

This procedure applies to both coaching sessions and matches.

- Each event should have a qualified first aider where possible (see attached list of club first aiders)
- The first aider should deal with any accident that occurs. In the event that a first aider is not available, the main coach/ captain will take responsibility and ensure the injured person receives the appropriate treatment
- Each event should have a fully equipped first aid kit (see Appendix 1)
- A mobile phone should be available at the pitch side for emergency use
- The guidelines for dealing with an incident should be followed at all times
- All coaches/ captains should be aware of the emergency procedures
- Details of any health conditions in U-18 years olds should be available to the first aider/ coach/ captain as necessary (these should be kept in a secure file)
- A member of the club should accompany U-18 year olds until a parent or guardian is available.
- The parent/ guardian should be notified immediately, giving details of the incident and child's current location
- The parental consent form should be taken when accompanying an U-18 year old to hospital
- All injuries should be recorded on the Club incident form and passed to the captain for storage
- If playing at a Leisure/ Sports Complex then in all injuries should also be reported to the appropriate reception staff.
- A follow up call should be made to enquire about the injured persons progress (normally by the coach or captain)

## **West Bridgford Monarchs First Aid List**

### **Ladies Section**

Rachel Fell

Liz Jagger

### **Men's Section**

Brian Jones

**Appendix 1 -**

**First Aid Kit Contents**